

West Linn–Wilsonville School District
Health & Physical Education – Course Statement

<u>Course Title: Dance I</u>	
Length of Course:	Semester
Number of Credits:	1
Grade Level:	9, 10, 11, 12
Prerequisites:	None
CIM Work Samples	
Offered in Course:	Writing and speaking work samples
Date of Description/Revision: 2003	
Course Overview	
<p>In this class, we will be exploring a variety of styles including classical ballet, lyrical jazz, folk dance, modern dance, hip-hop/funk, and musical theater. Although these styles of dance are very different, they draw from one another, technically and conceptually. Because this course of study explores the artistic affect of dance, as well as the physical exercise of dance, it will satisfy either a Fine Art or a Physical Education credit requirement.</p>	
Essential Questions	Concepts providing focus for student learning
<ul style="list-style-type: none"> • How can I communicate through movement? • How is dance similar to/different from other forms of art (particularly painting/drawing)? • What criteria do we use to evaluate dance? What makes a “good” dance? • What are the elements of choreography? How does one go about creating dance/movement? • What is the importance of technique? • How can I best take care of my body as a dancer? 	
Proficiency Statements	
<p>Upon completion of course, students will be able to:</p> <ul style="list-style-type: none"> • Work to gain flexibility, agility, stamina and coordination. • Name the basic steps in ballet and jazz. • Demonstrate proper, basic dance technique. • Understand the major changes in dance over the past century (classical, modern, jazz/funk, hip hop). • Create and evaluate their own one-minute piece. 	

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General Course Topics/Units & Timeframes	
<p>A. Team and trust building</p> <p>B. Rhythm and counting/African dance</p> <p>C. Folk dance</p> <p>D. Choreography through the century-an exploration of style</p> <p>E. Elements of dance/movement—what makes a “good” dance</p> <p>F. Dance today—hip hop/funk</p> <p>G. Rehearsal for concert/final</p>	<p>1 week</p> <p>3 weeks</p> <p>1 week</p> <p>5 weeks</p> <p>3 weeks</p> <p>2 weeks</p> <p>2-3 weeks</p>
Resources	
<ul style="list-style-type: none"> • Text: <i>The Art of Making Dances</i> (select passages), Princeton Book Company Publishers, 1991 (reprint edition) • Other: Some clips of film that illustrate major dance concepts • Other: Personal library research (choreographers, dance and society) 	